

CDC Vital Signs

HIV Testing

[Announcer] This program is presented by the Centers for Disease Control and Prevention.

In the U.S., about 15 percent of people who have HIV don't know they have it. If you have it, the sooner you get diagnosed, the sooner you can start lifesaving treatment. *Everyone* should get tested at least once, and those at high risk should get tested at least once a year. If you're pregnant or planning to get pregnant, get tested as soon as possible.

Healthcare providers—Conduct routine testing according to CDC's guidelines. Screen all youth and adults for HIV risk behaviors. Help patients understand their risk and the best prevention options. If people test positive, link them to treatment and prevention counseling quickly.

HIV testing is important. *Know* your HIV status. See your health care provider to get tested or find a testing site at gettested.cdc.gov. You can also get a home testing kit online or from a drugstore.

To learn more, visit cdc.gov/vitalsigns.

[Announcer] For the most accurate health information, visit cdc.gov or call 1-800-CDC-INFO.